

# 2015 KCCTFCA Winter Coaching Clinic

## Speaker Schedule and Session Topics

		Room C	Room D	Room E/F	Prairie Room
Friday Jan. 9th	7:00	<b>Boo Schexnayder</b> <i>Developing Speed for All Events</i>		<b>Distance Panel Discussion</b>  <i>Levi Husman, Diana Huber, TBA</i>	
	8:15	<b>Boo Schexnayder</b> <i>The Triple Jump: Technique &amp; Teaching</i>	<b>Lee Weber</b> <i>Strength Training Strategies to Improve Track &amp; Field Performance</i>	<b>Russell Smelley</b>  <i>Transformative Coaching</i>	
	9:15	<b>KCCTFCA Coach's Social</b> (Room A)			

Saturday Jan. 10th	8:30	<b>Jim Madison</b>  <i>Hurdle Training</i>	<b>Boo Schexnayder</b>  <i>The Long Jump: Technique &amp; Teaching</i>	<b>Vince Degrado</b>  <i>Cross Country Training</i>	<b>Chris Dunback</b>  <i>Mind, Body, Form, and the Journey: Creating a Strong Culture (Throwers)</i>
	9:30	<b>Jake Sharp</b>  <i>Sprint SPEED</i>	<b>Boo Schexnayder</b>  <i>The Horizontal Jump Approach</i>	<b>Mike Wallace</b>  <i>Olathe East 800 Meter Training</i>	<b>Tom Hays</b>  <i>The Art of Coaching the Pole Vault</i>
	10:30	<b>Russell Smelley</b> (Room C)  <i>Developing a Coaching Philosophy</i>			
	11:45	<b>KCCTFCA Awards &amp; Recognition Lunch</b> Lunch, Award, Prizes Rooms A/B			
	1:15	<b>Richard Ebel</b>  <i>400 Meter Training &amp; Race Strategy</i>	<b>Ron Stallard</b>  <i>High Jump: Execution, Common Faults, &amp; Training</i>	<b>Levi Huseman</b>  <i>Olathe North Distance Training</i>	<b>Lee Weber</b>  <i>Javelin</i>
	2:15	<b>Mike Wallace</b>  <i>Identifying and Developing Talent</i>	<b>Denis Frazier</b>  <i>Pole Vault for Beginners</i>	<b>Vince Degrado</b>  <i>The Simple Path to Stronger Running &amp; Injury Prevention</i>	<b>Chris Dunback</b>  <i>Creating the Foundation of Shot Put &amp; Discus</i>