

2014 KCCTFCA Winter Coaching Clinic

Speaker Schedule and Session Topics

		Room C	Room D	Room E/F	Prairie Room	
Friday Jan. 10th	7:00	Lance Lenard <i>Sprint Training</i>	Phil Groves <i>Discus</i>	Distance Panel Discussion <i>Pope, Dix, Lashley</i>	Brian Batliner <i>High Jump Training</i>	
	8:15	Wayne Clark <i>Teaching the Hurdles</i>	Phil Groves <i>Throw Drills and Training</i>	Aaron Davidson <i>Multi-Tiered Distance Training</i>	Eric Peters <i>Pole Vault Film Session</i>	
	9:15	KCCTFCA Coach's Social			Room A	
Saturday Jan. 11th	8:30	Josh Baxter <i>Sprint Relays</i>	Bill Stegmeier <i>Javelin</i>	Dave Smith <i>My Philosophy of Training Distance Runners</i>	Ty Haas <i>Commonalties of the Jumps & Jump Training</i>	
	9:30	Drew Mahin <i>Hurdles</i>	Jim Ratzlaff <i>Throws Training</i>	Lyles Lashley <i>Training the XC Team</i>	Tony Trimble <i>Triple Jump Technique & Drills</i>	
	10:30	Dave Smith <i>Q & A session</i>				
	11:45	KCCTFCA Awards & Recognition Lunch			Lunch, Award, Prizes	Rooms A/B
	1:15	Wayne Clark <i>Teaching the Start (sprint)</i>	Clint Johnson <i>Shot Put</i>	Michael Dierks <i>800m Training</i>	Dylan Schmidt <i>Pole Vault - Made Simple</i>	
	2:15	TF Issues <i>MikeCooper</i>	Throws Panel Discussion <i>Speakers TBA</i>	Dave Smith <i>The OSU Cowboy Program</i>		

